

## Team Building Series Formation Dance **[HIP HOP Challenge!!!]**

This program gives you a chance to learn hip hop dance from the world top class dancers. The goal is to choreograph one and only formation and perform. Recording on VTR and watching the video can be arranged.

Great performance needs quick and brisk flow of movement, physical strength, muscular strength, body flexibility, mental strength, rhythmic sense, and self-expression. Above all, self-expression is the most important; putting your feelings in your dance makes you and audience move. Achieving one mission in a team by mastering a dance within the allotted time fosters your teamwork and gain the sense of achievement and togetherness.

Required time: 1) Standard Program 6 hours 30 min.  
2) Half-day Program 3 hours 30 min.

